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NEWS RELEASE

February 14, 2012
FOR IMMEDIATE RELEASE

Town of Windsor and Windsor Unified School District Awarded Gold Level for Excellence in Worksite Wellness

Two of Windsor's largest employers have been awarded the iWORKwell Healthy Business Recognition Award for excellence in worksite wellness. Both the Town of Windsor and the Windsor Unified School District achieved Gold status in this voluntary certification program that recognizes employers for developing and implementing exceptional employee wellness programs. The program is a collaborative effort of the Sonoma County Economic Development Board and the Sonoma County Department of Health Services and is a program of Health Action. Health Action aims to establish a culture of wellness in homes, schools, worksites and communities that will propel Sonoma County towards being the healthiest county in California.

Applicants to the Healthy Business Recognition Program are awarded Bronze, Silver or Gold classification based on the breadth and depth of their employee wellness initiatives. The Sonoma County Healthy Business Recognition Program is free of charge and is open to employers of all sizes and industries. To participate, employers complete an online application that is based on national and regional wellness standards and reflects the Surgeon General's recommendations for employee health in the 21st Century. Areas of worksite practices being considered are health promotion, physical activity, healthy eating and lactation/breastfeeding accommodation.

To learn more about the program, or to apply, please visit www.sonomaedb.org/wellness or www.sonomahealthaction.org .