

9231 Foxwood Drive
Windsor, CA 95492
(707) 838-1250

WINDSOR SENIOR CENTER March 2019

OFFICE HOURS
Monday through Thursday:
9:00am-5:00pm
Friday: 9:00am-Noon

MONDAY

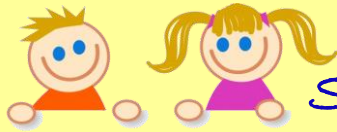
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SAT



Youngsters Day Saturday, March 30

Bring that special child in your life to Youngster Day! You will spend the morning making a special craft for you both to take home. Afterwards,



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9:00 Multimedia Art
10:00 Sit & Fit
11:00 Strength Training

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9:00 Zumba Gold
9:00 Walkers
10:00 Support Group
10:45 Gentle Yoga
1:00 Scrabble
2:30 Mystery Book Club

9:00 Walkers
9:00 SIR Coffee Group
9:00 Strength Training
10:00 Sit & Fit
11:15 Tai Chi
1:00 Quilting
1:30 Bingo



9:00 Aerobics
1:00 Rummikub
& Mahjong

9:00 Zumba Gold
9:00 AARP Tax Aide
1:00 Ping Pong
2:00 Legal Counseling

9:00 Multimedia Art
10:00 Sit & Fit
11:00 Strength Training



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9:00 Zumba Gold
9:00 Walkers
10:00 Support Group
10:45 Gentle Yoga
1:00 Scrabble
1:00 Computer Users

9:00 Walkers
9:00 SIR Coffee Group
9:00 Strength Training
10:00 Sit & Fit
11:15 Tai Chi
1:00 Quilting
1:30 Bingo



9:00 Aerobics
1:00 Rummikub
& Mahjong



9:00 Zumba Gold
9:00 AARP Tax Aide
1:00 Ping Pong
1:30 Texas Hold'em Poker

9:00 Multimedia Art
10:00 Sit & Fit
11:00 Strength Training



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9:00 Zumba Gold
9:00 Walkers
10:00 Support Group
10:45 Gentle Yoga
1:00 Scrabble



9:00 Walkers
9:00 SIR Coffee Group
9:00 Strength Training
10:00 Sit & Fit
10:30 Caregivers' Support
11:15 Tai Chi
1:00 Quilting
1:30 Bingo



9:00 Aerobics
1:00 Rummikub
& Mahjong



9:00 Zumba Gold
9:00 AARP Tax Aide
1:00 Ping Pong
2:00 Legal Counseling



9:00 Multimedia Art
10:00 Sit & Fit
11:00 Strength Training



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9:00 Zumba Gold
9:00 Walkers
10:00 Support Group
10:45 Gentle Yoga
1:00 Scrabble
2:00 Computer Help

9:00 Walkers
9:00 SIR Coffee Group
9:00 Strength Training
10:00 Sit & Fit
11:15 Tai Chi
1:00 Quilting
1:30 Bingo



9:00 Aerobics
1:00 Rummikub
& Mahjong

9:00 Zumba Gold
9:00 AARP Tax Aide
1:00 Ping Pong
1:30 Texas Hold'em Poker

9:00 Multimedia Art
10:00 Sit & Fit
11:00 Strength Training

9:00 Youngsters Day

