

9231 Foxwood Drive  
Windsor, CA 95492  
(707) 838-1250

# WINDSOR SENIOR CENTER April 2019

OFFICE HOURS  
Monday through Thursday:  
9:00am-5:00pm  
Friday: 9:00am-Noon

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	<b>1</b> 9:00 Walkers 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 2:30 Mystery Book Club	<b>2</b> 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:15 Tai Chi 1:00 Quilting 1:30 Bingo 	<b>3</b> 9:00 Aerobics 1:00 Rummikub & Mahjong 1:00 Matter of Balance 	<b>4</b> 9:00 Zumba Gold 9:00 AARP Tax Aide 1:00 Ping Pong 2:00 Legal Counseling 	<b>5</b> 9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training 	<b>6</b>
<b>7</b>	<b>8</b> 9:00 Walkers 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 1:00 Computer Users	<b>9</b> 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:15 Tai Chi 1:00 Quilting 1:30 Bingo 	<b>10</b> 9:00 Aerobics 1:00 Rummikub & Mahjong 1:00 Matter of Balance	<b>11</b> 9:00 Zumba Gold 9:00 AARP Tax Aide 1:00 Ping Pong 1:30 Texas Hold'Em Poker	<b>12</b> 9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training 	<b>13</b>
<b>14</b>	<b>15</b> 9:00 Walkers 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 	<b>16</b> 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 10:30 Caregivers' Support 11:15 Tai Chi 1:00 Quilting 1:30 Bingo 	<b>17</b> 9:00 Aerobics 1:00 Rummikub & Mahjong 1:00 Matter of Balance 	<b>18</b> 9:00 Zumba Gold 1:00 Ping Pong 2:00 Legal Counseling 	<b>19</b> 9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training 	<b>20</b>
<b>21</b>	<b>22</b> 9:00 Walkers 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 2:00 Computer Help	<b>23</b> 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:15 Tai Chi 1:00 Quilting 1:30 Bingo	<b>24</b> 9:00 Aerobics 1:00 Rummikub & Mahjong 1:00 Matter of Balance	<b>25</b> 9:00 Zumba Gold 1:00 Ping Pong 1:30 Texas Hold'Em Poker	<b>26</b> 9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training	<b>27</b>
<b>28</b>	<b>29</b> 9:00 Walkers 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble	<b>30</b> 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:15 Tai Chi 1:00 Quilting 1:30 Bingo	 <b>POOL OPENS</b> Wednesday, May 1st!			