

Senior Center Office Hours

Monday-Friday 9am-6pm
 Saturday & Sunday 12-4pm
 9231 Foxwood Dr. (707) 838-1250

WINDSOR SENIOR RECREATION CENTER

May 2019

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
<p>OPEN SWIM HOURS MON -THURS 11AM-2PM & 4-6PM* (*7:00PM AFTER 5/20)</p> <p>FRIDAY 4-6PM SAT & SUN 12-4PM</p>		 <p>More info available at the Senior Center Front Desk.</p>	<p>1</p> <p>9:00 Aerobics 1:00 Mahjong & Rummikub 1:00 Matter of Balance 3:45 Ribbon Cutting & Opening Day Pool Party!</p>	<p>2</p> <p>9:00 Zumba Gold 1:00 Ping Pong 1:30 Legal Counseling</p> 	<p>3</p> <p>9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training</p>	4
5	6	7	8	9	10	11
	<p>9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 2:30 Mystery Book Club</p>	<p>9:00 Walkers 9:00 SIR Group 9:00 Strength Training 10:00 Ladies' Bocce 10:00 Sit & Fit 11:15 Tai Chi 1:00 Quilting 1:30 Bingo</p> 	<p>9:00 Aerobics 1:00 Mahjong & Rummikub 1:00 Matter of Balance</p> 	<p>9:00 Zumba Gold 10:00 Men's Bocce 1:00 Ping Pong 1:30 Texas Hold'em Poker</p>	<p>9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training</p> 	
12	13	14	15	16	17	18
	<p>9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 1:00 Computer Users' Group</p> 	<p>9:00 Walkers 9:00 SIR Group 9:00 Strength Training 10:00 Ladies' Bocce 10:00 Sit & Fit 10:30 Caregivers' Support 11:15 Tai Chi 1:00 Quilting 1:30 Bingo</p>	<p>9:00 Aerobics 1:00 Mahjong & Rummikub 1:00 Matter of Balance</p> 	<p>9:00 Zumba Gold 10:00 Men's Bocce 1:00 Ping Pong 1:30 Legal Counseling</p> 	<p>9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training</p>	
19	20	21	22	23	24	25
	<p>9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 2:00 Computer Help 3:00 Water Fitness 4:00 Ice Cream Social</p> 	<p>9:00 Walkers 9:00 SIR Group 9:00 Strength Training 10:00 Ladies' Bocce 10:00 Sit & Fit 11:15 Tai Chi 1:00 Quilting 1:30 Bingo 3:00 Water Fitness</p>	<p>9:00 Aerobics 1:00 Mahjong & Rummikub 1:00 Matter of Balance 3:00 Water Fitness</p> 	<p>9:00 Zumba Gold 10:00 Men's Bocce 1:00 Ping Pong 1:30 Texas Hold'em Poker 3:00 Water Fitness</p> 	<p>9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training 3:00 Water Fitness</p> 	
26	27	28	29	30	31	
	<p>Senior Center & Pool Closed in Observance of Holiday</p> 	<p>9:00 Walkers 9:00 SIR Group 9:00 Strength Training 10:00 Ladies' Bocce 10:00 Sit & Fit 11:15 Tai Chi 1:00 Quilting 1:30 Bingo 3:00 Water Fitness</p> 	<p>9:00 Aerobics 1:00 Blood Sugar Seminar 1:00 Mahjong & Rummikub 3:00 Water Fitness</p>	<p>9:00 Zumba Gold 10:00 Men's Bocce 1:00 Ping Pong 3:00 Water Fitness</p> 	<p>9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training 3:00 Water Fitness</p>	