

WINDSOR SENIOR RECREATION CENTER

Office Hours
Monday-Friday
9:00am-4:00pm

April 2023

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
						1
2	3 9:00 Zumba-Gold 10:45 Gentle Yoga 2:30 Mystery Book Club	4 9:00 SIRs Coffee 10:30 Strength Training 12:00 AARP Tax Aide (by appointment only)	5 9:00 Aerobics 10:15 Sit & Be Fit 1:00 Mahjong 2:00 Ping Pong	6 9:00 Zumba Gold 1:00 Bingo	7 9:00 Strength Training 10:15 Sit & Be Fit 1:00 Multimedia Art	8
9	10 9:00 Zumba-Gold 10:45 Gentle Yoga	11 9:00 SIRs Coffee 10:30 Strength Training 12:00 AARP Tax Aide (by appointment only)	12 9:00 Aerobics 10:15 Sit & Be Fit 1:00 Mahjong 1:00 BUNCO	13 9:00 Zumba-Gold 1:00 Bingo	14 9:00 Strength Training 10:15 Sit & Be Fit 1:00 Multimedia Art	15
16	17	18	19	20	21	22
CLOSED						
23	24 9:00 Zumba-Gold 10:45 Gentle Yoga 2:00 Drop-In Computer, Smart phone, & Tablet help	25 9:00 SIRs Coffee 10:30 Strength Training	26 9:00 Aerobics 10:15 Sit & Be Fit 1:00 Mahjong 2:00 Ping Pong	27 9:00 Zumba-Gold 1:00 Bingo 2:45 Biblo Bus	28 9:00 Strength Training 10:15 Sit & Be Fit 1:00 Multimedia Art	29 WSRC Reopening Party 1:00 - 3:00pm
PROGRAMS RETURN TO WSRC, 9231 Foxwood Drive						

PICKLES

by BRIAN CRANE

